

## **EHS Community Runs – Week 2 (Tuesday, June 19)**

### A Route – 3.57 miles

#### 1 Water Stop at Longfellow Trailhead

- Start on the Winston Brown Track
- Turn right onto the MCT Nature trail towards Esic Drive (0.1 miles)
- Turn left onto the MCT Nickel Plate trail (1.2 miles)
- Turn around at the Longfellow Trailhead water stop and bathroom (1.8 miles)
- Turn right onto the MCT Nature trail towards EHS (2.5 miles)
- Finish at the Winston Brown Track

### B Route – 5.0 miles

#### 1 Water Stop at Longfellow Trailhead

#### 1 water stop at intersection of Nickel Plate Trail and Schwartz Rd.

- Start on the Winston Brown Track
- Turn right onto the MCT Nature trail towards Esic Drive (0.1 miles)
- Turn left onto the MCT Nickel Plate trail (1.2 miles)
- Turn around at the sign shortly after crossing Schwartz Rd. (2.5 miles)
- Turn right onto the MCT Nature Trail towards EHS (3.9 miles)
- Finish at the Winston Brown Track

### C Route – 7.52 miles

#### 1 Water Stop at Longfellow Trailhead

#### 1 water stop at intersection of Nickel Plate Trail and Schwartz Rd.

- Start on the Winston Brown Track
- Turn right onto the MCT Nature trail towards Esic Drive (0.1 miles)
- Turn left onto the MCT Nickel Plate trail (1.2 miles)
- Turn around at the sign shortly before crossing Pin Oak Rd. (3.8 miles)
- Turn right onto the MCT Nature Trail towards EHS (6.5 miles)
- Finish at the Winston Brown Track